



Mawsley CP School Safeguarding Newsletter

April 2025

Welcome to our April Safeguarding Newsletter. We hope it is relevant, supportive and helpful for everyone in our school community.



Here Comes The Sun



The recent beautiful sunshine has provided lots of opportunities for our children to benefit from the increase in vitamin D.

With so many sunscreen products on the market, here is a useful guide when protecting your children at school and at home.

SPF SELECTION GUIDE					
Hours Outdoors	Skin Tone				
	Very Fair Never tans, always burns	Fair Tans slowly, burns easily	Light Usually burns first	Medium Burns minimally	Dark Rarely burns
1	SPF 30	SPF 15	SPF 15	SPF 8-14	SPF 8-14
2	SPF 30	SPF 30	SPF 30	SPF 15	SPF 8-14
3	SPF 50+	SPF 50+	SPF 30	SPF 15	SPF 15
4	SPF 50-100	SPF 50+	SPF 30	SPF 30	SPF 15
5	SPF 50-100	SPF 50-100	SPF 50-100	SPF 50+	SPF 30

Reapply at least every 2 hours or as directed on package to help ensure adequate protection.

Protective Behaviours

We teach our children that early warning signs tell us that something is making us feel unsafe.

Then we teach our children how to manage these feelings with appropriate strategies.

Here is a poster that identifies some of the early warning signs that we talk about.

My Early Warning Signs

If I feel unsafe my body lets me know.

Here is how!

- Hair feels like it is standing on end
- Sweaty brow
- Start to cry
- Heart beats fast
- Goosebumps
- Feel sick in the tummy
- Sweaty palms
- Need to go to the toilet
- Shaky all over
- Wobbly legs

If I feel unsafe, I must tell a trusted adult on my **Safety Network** straightaway!

Social Media and Protecting Our Children

Monitoring and managing children's exposure to social media and smart phones is uncharted territory for most parents. Research and findings about this provide us with more insight and guidance about how best to protect our children in this digital age.

We often hear parents say that they allow their children to use certain sites because other children use them. Some conversations in school that staff have heard have had a concerning theme from these kind of social media sites.

Please support our online safety education and do not let children who are under age use them.

APPS AND THEIR AGE RATINGS

13+



Facebook



Snapchat



Instagram



Twitter



TikTok



Kik



YouNow



Yubo



House Party



Monkey

16+



WhatsApp

17+



Sarahah



YOLO

18+



MeetMe



LiveMe

Safeguarding Concerns Within Our County

Family and cost of living crisis, mental health of parents and guardians and the aftereffects of covid have been highlighted as the predominant reasons why more children are coming to the attention of social workers in Northamptonshire. The children's trust received more than 46,000 calls by people concerned about the safety of a child in the year to April 2023, a six per cent rise on the previous twelve months, and these issues remain concerns in Northamptonshire in 2025.

What can we do?

Being mindful as a community can often help to spot the signs that somebody may be struggling with issues that could affect the safety or wellbeing of a child, despite there sometimes being no genuine intention to cause harm.

Designated safeguarding leads and our Family Support Worker at school are always available to discuss any concerns that you may have for a family, and can provide great support. Please ask to speak to someone if you feel that somebody in our community may benefit from help.



Out of Hours Safeguarding

If you are concerned about the safety or welfare of a child, who is not in immediate danger of harm, please speak to one of our Designated Safeguarding Leads.

If you are concerned about the safety or welfare of a child outside of school hours, please contact the MASH team on 0300 126 7000 (option 1) or e-mail them at MASH@nctrust.co.uk . If you think a child is in immediate danger or missing, please contact the police and/or an ambulance directly by phoning 999